



GET OUT & PLAY

2010 Summer Recreation Schedule Mon - Thurs 8 AM -11AM July 12-August 5

Ages 5-11

Ages 12-14

Day/Time	Activity
MONDAY	
8-8:15	STRETCH
8:15-9	Volleyball
9-9:15	BREAK
9:15-10	Tennis/Basketball
10-10:15	BREAK
10:15-11	Swimming

TUESDAY	
8-8:15	STRETCH
8:15-9	Kickball
9-9:15	BREAK
9:15-10	Wiffle Ball/Tag Football
10-10:15	BREAK
10:15-11	Swimming

WEDNESDAY Both Age groups	
7/14 - 8-10	GAAMES, CRAFTS - <i>Wear crazy Sunglasses</i>
7/21 - 8-10	FOUN DAY - <i>Wear crazy hair</i>
7/28 - 8-10	FOUN DAY - <i>Wear crazy socks</i>
8/4 - 8-10	FOUN DAY - <i>Wear crazy hat</i>

THURSDAY	
ALL	SWIMMING AND WATER GAAMES

Day/Time	Activity
MONDAY	
8-8:15	STRETCH
8:15-9	Basketball
9-9:15	BREAK
9:15-10	Tennis/Volleyball
10-10:15	BREAK
10:15-11	Swimming

TUESDAY	
8-8:15	STRETCH
8:15-9	Kickball
9-9:15	BREAK
9:15-10	Tag Football/Wiffle Ball
10-10:15	BREAK
10:15-11	Swimming

Children will need to check in each day at the Dellwood Pool and may be signed out at the pool.

This Program is completely FREE

*daily activities are subject to change